



## Radiology

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### Diagnostic -

#### Myelogram

**Definition:** A water-soluble contrast substance is injected into the spinal canal by the physician. X-rays are made of the area of interest: however, the dye is not removed, because it is absorbed by the body. This procedure takes 15-30 minutes. A CT scan usually follows the Myelogram.

#### Essential Steps

Pre-operative policies are to be followed.

Instruct patient.

Food and fluids according to physician's orders.

Send patient on stretcher to x-ray with chart..

#### Key Points

OP permit signed.

Area designated by physician prepared by nurse

H&P done or requested.

Define test

Prep

Food & Fluids

(pre & post)

Head elevated 30°

Request diet in computer

Patient should wear hospital gown.

Patient should remain in bed with head elevated 30° for approximately 12 hours after exam is completed.

Call Radiology if patient is taking Glucophage, Aspirin or any medications that could effect study.

Patient may resume normal diet when exam is completed.

Force fluids for 24 hours.

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